

3-B Juvenile Detention Center	Chapter # 3 Food Service	Policy # 3-10
		Pages: 1
Policies and Procedures Manual	Topic: Wellness Policy	
	Related ID Code, IDAPA, or ACA Standards: Healthy, Hunger-Free Kids Act of 2010 (Sec. 204 of Public Law 111-926)	
Authorization: Brian Walker	Issue Date: 10/31/19	Effective Date: 8/1/2024

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I. Policy

To promote a well-balanced menu for meals supplied to the juveniles in our custody.

II. Procedures

The staff of Bonneville County Jail provides our breakfasts, lunches and dinners. The meals are in accordance with the guidelines set forth in USDA Food and Nutrition Services and the National School Lunch Program and the ones who set forth the guidelines enforced by ISDE CNP. Healthy hot meals with the right balance of nutrients are provided. After school snacks are provided by the detention center and served in accordance with the same standards.

- A. **Nutritional Education and Promotion.**
A Nutritional Education class will be offered to all residents through our facility education special presenter program. (Currently being done by ISU) This class will be offered the last Wednesday of each month. This includes food education and food tasting. Residents also participate in a gardening project learning the proper way to plant and care of fruits and vegetables. Program residents participate in food tasting of garden produce.
- B. **Nutrition Guidelines.**
3B adheres to the guidelines established by the Child Nutrition Program for its meals and after school snacks.
- C. **Food and Beverage Marketing.**
3-B has no concession machines available to Residents.
- D. **Physical Activity.**
Residents have the opportunity to participate in Physical activities at the center that include, volleyball, basketball, cross fit, and a C.O.P.E (Challenging Outdoor Personal Experience) course. Residents will participate in at least 5 hours of physical activity within a one week period
- E. **Communication.**
The wellness policy is shared on the 3B Website and is posted for residents.
- D. **The Director is responsible of the Local Wellness Policy.** A committee consisting of the Director, Administrative Assistant, and Facility Supervisor will discuss and evaluate the policy. The Director will be responsible for all changes. The wellness policy will be assessed at least once every three years on the extent to which it is in compliance with the district policy, the extent to which the local wellness policy compares to model local school wellness policies, and the progress made in attaining the goals of the local wellness policy.

Wellness Policy Goals

1. Access Nutritional Education and Promotion program and presentation effectiveness annually.
2. Evaluate Physical Activity programs annually for consistency and effectiveness.
3. Annually update and monitor feedback on the wellness policy website link.