

# 3B TEAM

**3-B DIRECTOR:**

Brian Walker

**ADMINISTRATIVE ASSISTANT:**

Britney Trujillo

**PROGRAM MANAGER:**

L. Jesse Peterson, MS, ACADC

**CASE MANAGER:**

John Maurer, LSW

**PROGRAM OFFICERS:**

Kelly Elkington

Darren Adams

**ASSISTANT PROGRAM MANAGER:**

Chris Brayton, LCSW, MAC

**MENTAL HEALTH CLINICIAN:**

Brian Mecham, LCSW

**PHYSICIAN:**

Dr. Jeffrey Keller, MD.

**Accommodations:**

3B makes accommodations for physical disabilities, language barriers, and other special needs.



## 3B PATHFINDERS

**MAILING ADDRESS:**  
605 NORTH CAPITAL STREET  
IDAHO FALLS, IDAHO 83402

**PHYSICAL ADDRESS:**  
950 ENVIRONMENTAL WAY  
IDAHO FALLS, ID

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## 3B PATHFINDERS

# 3B AISB TREATMENT PROGRAM



## ABOUT

3B opened its Treatment Program in June of 1999. The philosophy of the 3B AISB Treatment Program is to hold the juvenile offender accountable and responsible to their community and victims for inappropriate behavior, utilizing the "Balanced Approach". The Program provides Competency Development by utilizing a community collaboration of resources. The Program provides an intensive multi-disciplinary approach in treatment planning. It currently has 6 beds dedicated to treatment. It is a collaborative effort between the 3B Detention Center, County Probation, Courts, School Districts, and the Idaho Department of Juvenile Corrections. The program is designed to address issues of Adolescents who have been involved in **Illegal Sexual Behaviors**, substance abuse/dependency, criminal behaviors, in adolescent males as well as addressing academic re-mediation. Treatment is based on a cognitive/behavioral foundation with a strong family component. This program admits individuals with criminal history or behaviors that have affected life areas such as housing, social, educational, family, vocational, life skills, and living in the community. Six treatment beds are available for IDJC placement who meet rule 19. 3B AISB Treatment strengths come from a highly qualified staff and a 1:3 staff to program resident ratio during waking hours.

## ADMISSION

Juveniles 12 – 16.5 yrs. old are considered for admission. Juveniles are referred to the program by The Department of Juvenile Correction's Placement Managers - through the observation and assessment process. The 3B Treatment Team determines acceptance or denial of referrals. The Treatment Team consists of; 3B Program Managers, 3B Director, and clinical staff. The Program operates on the premises of trying to include as many people as possible. **The Program admits juvenile males:**

- Who are 12 to 16.5 years of age.
- Who have engaged in Illegal Sexual Behavior.
- Needing Addiction / Recovery Services.
- Having Conduct Disorder
- Have Oppositional Defiant Disorder.
- Diagnosed with childhood & adolescent disorders as classified in the DSM V.
- With spotty academic records (including those with an IEP).
- Requiring a secure placement due to past history of escape or run risk.
- Who are currently on Psychotropic medication.
- Who are levels 3-4 of IDJC care and custody.
- Who have disabilities, language barriers, or other special needs as identified.

## PROGRAM COMPONENTS

### **Education**

Emerson High School: IEP Services, High School Credits, GED Services

### **Behavior Modification and Management**

Level System / Logical Consequences

### **Cognitive Self Change**

Idaho Model / Franklin Reality Model / Mindfulness

### **Illegal Sexual Behavior Treatment**

Individual and Group Therapy

- Building A Better Life
- Footprints
- Pathways

### **DBT Skills Training**

- DBT Mindfulness Skills
- Distress Tolerance Skills
- Mood Regulation Skills
- Interpersonal Effectiveness Skills

### **Addictions Treatment**

Individual & Group Therapy / Matrix Model / Relapse Prevention Planning

### **Living Skills**

Independent Living Skills & 7 Habits of Highly Effective Teens

### **Balanced Approach**

- Victim Offender Empathy Training & Victim Offender Mediation / Restitution
- Community Service / Community Protection
- Rehabilitation

### **Family Therapy / Family Case Planning**

Individual & Family Therapy / Transition Planning

### **Vocational / Leadership Skills**

- Community Service
- Cope Course
- Building, Construction, and Cabinetry
- Out-door Survival, Hiking, & other training

### **Discharge, Transition, and After Care Planning**

Case Management / Comprehensive Relapse Prevention and After Care Plan

### **Program Evaluation**

Yearly Audit / Program Evaluation, CPIA